Walking Forward

By Rod Kurthy, DMD  updated 12/2018

Dealing with unwanted posterior open interproximal contacts

STEP-BY-STEP CHAIRSIDE SUMMARY

☑ Check occlusion with articulating paper in both:
  • Centric occlusion
  • All excursions

☑ Remove ALL occlusal marks on the distal half of the tooth.

☑ On the mesial half of the tooth:
  • Remove ALL marks on mesial cuspal inclines
  • Leave all marks on:
    o Distal cuspal inclines on the mesial half of the tooth.
    o Mesial marginal ridge (most important if possible)
      If you do not have a good marking on the mesial marginal ridge, create one
      with composite (bonding to natural tooth structure – or – bonding to ceramic –
      or – bonding to metal). OR you may add composite to the cusp of the opposing
      tooth hitting the marginal ridge. (products listed below)

☑ You need to re-check these Walking Forward cases every three weeks, and adjust the
  occlusion as stated above, until the space is closed tightly.

☑ When a tight contact is achieved, confirm the articulating marks are as discussed above.
  This will ensure a continued tight interproximal contact.

☑ When placing any new restoration (composite, onlay, crown, etc.), follow the above
  instructions to ensure the tooth will not drift distally.

Rod Kurthy, D.M.D.
email - RKurthy@EvolveDental.com
www.KoRWhitening.com